



Action Learning Workshop: An introduction

Why am I going to learn about Action Learning And how do I do it?

As Empowerment by action learning is the core value of the SEMPRE project a workshop, where Action Learning is presented and trained is a must. Action Learning (AL) and Critical Action Learning (CAL) are methods to work with empowerment and to create change, both in organizations and in peoples' lives. We use the term AL, but we are inspired by CAL, at this school of Action Learning emphasises critical thinking. What we mean, when we talk about critical thinking we have made a workshop about as well. The concepts of AL and CAL is described in the SEMPRE Guide Book for Training Modules.

The purpose of the classes?

The purpose of the workshop is to give participants an understanding of Action Learning (AL) and the way, you can work with AL in practice.

Content

The contents of the workshop are:

- a presentation on AL
- exercises and examples from the pilot
- a film about AL
- AL templates, individual actions/group actions

The workshop can be carried out in different ways, and you can use other workshops and tools to qualify the workshop. You choose, what makes sense in your context as long as you are loyal to the concept of AL/CAL .

References

Besides the [SEMPRE Guidebook for Empowerment Training](#) (hereafter, the Guidebook) we recommend you use the book "Action Learning: A Guide for Professional, Management and Educational Development" by Liz Beaty and Ian McGill (2016) as a guide or similar one in your own language. Furthermore, for further reading we recommend a number of books and articles which you can find in the references list in the Guidebook.

Exercises/models/instructions

The exercises described in this workshop are short and simple exercises. For more detailed descriptions and more exercises go to the workshops on the respective themes as

- Empowerment
- Teambuilding



Examples from the Empowerment Handbook and pilots

Find your own suitable examples from the [SEMPRE Empowerment Handbook](#) or from the [Micro Project Brochure](#). Let you inspire from the evaluation and examples and experiences from the pilots

Did we get the answers we needed? Learning benefit

Evaluate your workshop using the evaluation described in the Guidebook or the evaluation most meaningful in your context.

New learning needs

Which new learning needs did you find in the process and how do you face them?



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